

Five Types of Senior Care

Available in and around Round Rock, Texas



Memory Care

Memory care is a specialized type of senior care, designed for individuals who are living with Alzheimer's or other kinds of dementia.



Assisted Living

Assisted living facilities provide room, board and care for older adults who are mostly independent but need some help with their activities of daily living (ADLs) like hygiene, grooming, etc.



Personal Care Home

A personal care home is similar to assisted living, but is inside a private residence rather than a facility. In a personal care home, four or more seniors share the common areas of a home.



Skilled Nursing Facilities

Skilled nursing facilities (SNFs), sometimes known as nursing homes, provide room, board and care for older adults who need specialized nursing care.



Continuing Care Retirement Communities

Continuing Care Retirement Communities (CCRCs) are a "long-term care option for older people who want to stay in the same place through different phases of the aging process."

Learn more about **Memory Care at Sundara in Round Rock**

www.sundaraliving.com